

## **Uploading Measurements**

If you are interested in having real-time monitoring of the measurements that you are taking with the HOME, we have included an Android phone and data cable to assist you in doing this.

How do I use the phone that was included?

- 1. Turn the phone on. Swipe down from the top of the screen and press the little icon at the top that looks like a gear. Go to Wireless networks. Connect the phone to your WIFI
- 2. Find the Data cable included with the HOME and plug the HOST labeled end into the phone. Plug the CABLE CONNECT into the bottom of the HOME underneath a tiny rubber tab by the battery compartment.
- 3. The second the HOME device is connected, it instantly uploads the measurements that you have taken to the clinic software. This usually takes about 2-3 seconds via the iCare PATIENT app installed on the phone. (If you need this app you can search it on google play store, or for more information look at the resources area on the RENTALS page on our website).
- 4. Unplug it and continue taking measurements
- 5. There is a usb charging cable included as well, to keep the phone charged.

## Want to use your own phone?

- 1. If you have an iPhone YOU CANNOT USE THIS OPTION.
- 2. If you have an Android phone:
  - a. Find the iCare PATIENT app in the google play store.
  - b. Once installed, you can leave it in the background. You don't need to open it to upload measurements.
  - c. Find the data cable that came with the device. Use the end labled HOST to connect to your phone. If it is a galaxy phone or uses a USB-C end, there is an adapter already on the end of the cable. If your phone uses a regular USB plug, then you can remove the white adapter and put it in the HOME case.
  - d. Follow #3 from above.